

**Down Under Championships**  
**Gold Coast City Athletics Centre**  
**Meet - Records**

Men 20+	100 Metre Sprint	10.52	+1.3	2/07/2011	Liam Gander - NSW
Men 18-19	100 Metre Sprint	10.86	0.0	8/07/2006	Traquincey Wilson - Illinois, USA
Men 16-17	100 Metre Sprint	10.85	+0.3	8/07/2006	Darren Patterson - Illinois, USA
Men 14-15	100 Metre Sprint	11.24	0.0	20/07/2002	Brandon Galic - ACT, AUS
Men 20+	200 Metre Sprint	21.39	+1.6	4/07/2010	Jacob Groth - NSW
Men 18-19	200 Metre Sprint	21.96	0.1	5/07/2009	James Harris - Utah, USA
Men 16-17	200 Metre Sprint	21.98	0.9	10/07/2005	Chas De Mers - Prdo
Men 14-15	200 Metre Sprint	22.78	+1.7	4/07/2010	Dalton Coppin - NZL
Men 20+	400 Metre Sprint	46.92		9/07/2005	Paul Pearce - Intraining, QLD
		46.92		3/07/2010	Joel Milburn - NSW
Men 18-19	400 Metre Sprint	46.64		8/07/2007	Dylan Grant - Gold Coast Victory, QLD
Men 16-17	400 Metre Sprint	49.19		7/07/2007	Nicholas Frost - Maroochy, QLD
Men 14-15	400 Metre Sprint	51.62		4/07/2009	Jake Bowcock - Gold Coast Victory, QLD
Men 20+	800 Metre Run	1:49.82		4/07/2010	James Gurr - NSW
Men 18-19	800 Metre Run	1:48.95		8/07/2006	Nick Toohey - QLD
Men 16-17	800 Metre Run	1:56.53		6/07/2008	Jordan Cross - QLD
Men 14-15	800 Metre Run	1:58.39		9/07/2006	Adrian Plummer - QLD
Men 20+	1500 Metre Run	3:54.28		5/07/2008	Aunese Curreen - SAMOA
Men 18-19	1500 Metre Run	3:55.56		7/07/2007	Jake Coom - NZL
Men 16-17	1500 Metre Run	4:07.76		7/07/2007	Daniel Bulmer - Gold Coast, QLD
Men 14-15	1500 Metre Run	4:11.51		4/07/2009	Julian Watkins - Jimboomba, QLD
Men 20+	3000 Metre Run	8:33.99		3/07/2009	Ben Ashkettle - VIC
Men 18-19	3000 Metre Run	8:29.93		8/07/2007	Matthew Bayley - VIC
Men 16-17	3000 Metre Run	8:48.81		4/07/2008	Adrian Plummer - Gold Coast, QLD
Men 14-15	3000 Metre Run	9:16.76		3/07/2009	Julian Watkins - Jimboomba, QLD
Men 20+	110m Hurdles 1.067cm	18.16	+1.1	5/07/2008	James Woodcraft - Whitsunday, QLD
		14.01	+3.4	2/07/2011	Siddhanth Thingalaya - Gold Coast Victory, QLD
Men 18-19	110m Hurdles 99.1cm	14.19	0.3	8/07/2006	Lachlan Stanton - QEII, QLD
Men 16-17	110m Hurdles 91.4cm	14.03	+1.1	10/07/2004	Ben Mumby - Gold Coast, QLD
		13.96	+3.1	2/07/2011	Anthony Collins - Aspley, QLD
Men 14-15	100m Hurdles 84cm	13.18	0.0	8/07/2006	Chris Dale - QEII, QLD
Men 20+	400mHurdles 91.4cm	51.72		6/07/2008	Mowen Boino - PNG
Men 18-19	400m Hurdles 91.4cm	51.95		9/07/2006	Andrew Yong - Mulgrave, QLD
Men 16-17	300m Hurdles 84cm	38.08		9/07/2006	Carl Buchanon II - Illinois, USA
Men 14-15	200m Hurdles 76.2cm	26.53		21/07/2002	Matt Long - NSW
Men 20+	2000m Steeple 91.4cm	6:47.30		10/07/2004	Brendan Whelan - QLD
Men 18-19	2000m Steeple 91.4cm	5:55.2h		7/07/2007	Matt Bayley - VIC
Men 16-17	2000m Steeple 91.4cm	6:21.45		20/07/2002	Stephen Snowdon - WA
Men 13-15	2000m Steeple 76.2cm	6:15.81		6/07/2008	Grant Gwynne - Intraining, QLD
Men 20+	4x100mRelay	42.26		8/07/2006	Queensland 'A' - QLD
Men 18-19	4x100m Relay	42.70		12/07/2003	Australia 'A' - AUS
Men 16-17	4x100m Relay	43.39		12/07/2003	Australia 'C' - AUS
Men 14-15	4x100m Relay	44.30		12/07/2003	Australia U16 - AUS
Men 20+	4x400mRelay	3:23.18		6/07/2008	Queensland 'A' - QLD
					A.Beck, T.Smith, R.Williams, N.Frost
Men 18-19	4x400m Relay	3:20.28		8/07/2001	OTC - USA
		3:20.28		11/07/2004	USA Gold 'A'
Men 16-17	4x400m Relay	3:27.57		3/07/2011	Superstars 'A'
Men 14-15	4x400m Relay	3:58.18		7/07/2007	Gold Coast Victory 'A' - Gold Coast, QLD
Men 20+	5000m Race Walk	21:37.56		3/07/2011	Rhydian Cowley - VIC
Men 18-19	5000m Race Walk	23:06.43		3/07/2011	Dane Bird-Smith - QRWC, QLD
Men 16-17	5000m Race Walk	23:23.08		4/07/2007	Brad Aiton - Gold Coast Victory, QLD
Men 14-15	3000m Race Walk	13:09.47		4/07/2007	Jesse Osborne - QRWC, QLD

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Men 20+	High Jump	2.05m		3/07/2009	Daniel McShane - QEII, Qld
Men 18-19	High Jump	2.05m		3/07/2009	James Harris - Utah, USA
Men 16-17	High Jump	2.00m		20/07/2002	Daniel Lawton - NSW
		2.00m		4/07/2009	Jonathon Christensen - Team Velocity, USA
Men 14-15	High Jump	1.88m		12/07/2003	Simon Cohen - NSW
Men 20+	Long Jump	7.99m	0.0	5/07/2009	Chris Noffke - QLD
Men 18-19	Long Jump	7.34m	0.0	8/07/2006	Chris Noffke - QLD
Men 16-17	Long Jump	6.93m	-1.5	5/07/2009	Marquis Dendy - Michigan, USA
Men 14-15	Long Jump	6.94m	+2.0	13/07/2003	Chris Noffke - QLD
Men 20+	Triple Jump	13.52m	+1.8	2/07/2011	Nii Anang - Uni of Qld, QLD
Men 18-19	Triple Jump	14.59m	+1.8	4/07/2009	Sean Barnes - Trinity Grammar School, Sydney
Men 16-17	Triple Jump	14.29m	+0.3	8/07/2006	Michael Gordon - QLD
Men 14-15	Triple Jump	13.45m	+0.9	20/07/2002	Mitchell Watt - QLD
Men 20+	Pole Vault	5.00m		4/07/2010	Christopher Clegg - NSW
Men 18-19	Pole Vault	4.70m		9/07/2006	Matt Boyd - QLD
Men 16-17	Pole Vault	4.50m		8/07/2007	Blake Thompson - Gold Coast, QLD
Men 14-15	Pole Vault	3.60m		6/07/2008	Brad Jenner - NSW
Men 20+	Discus Throw	57.22m		3/07/2011	Julian Wruck - Gold Coast Victory, QLD
Men 18-19	Discus Throw	61.81m		3/07/2010	Julian Wruck - Gold Coast Victory, QLD
Men 16-17	Discus Throw	61.98m		9/07/2006	Andrew Welch - QLD
Men 14-15	Discus Throw	63.28m		3/07/2011	Matthew Denny - QE2 Track Club, QLD
Men 20+	Shot Put	19.72m		7/07/2007	Justin Anlezark - QLD
Men 18-19	Shot Put	16.75m		13/07/2003	Thomas Foley - Pennsylvania
Men 16-17	Shot Put	18.01m		4/07/2009	Jacko Gill - NZL
Men 14-15	Shot Put	16.58m		2/07/2011	Matthew Denny - QE2 Track Club, QLD
Men 20+	Hammer Throw	65.24m		5/07/2009	Simon Wardhaugh - Gold Coast, QLD
Men 18-19	Hammer Throw	57.53m		5/07/2009	Matthew Stopel - GoldCoast, QLD
Men 16-17	Hammer Throw	57.69m		3/07/2011	Matthew Denny - QE2 Track Club, QLD
Men 14-15	Hammer Throw	65.36m		3/07/2011	Matthew Denny - QE2 Track Club, QLD
Men 20+	Javelin Throw	71.74m		3/07/2009	Hamish Peacock - Tasmania
Men 18-19	Javelin Throw	53.80m		1/07/2011	Raihau Maiiau - Oceania
Men 16-17	Javelin Throw	60.84m		4/07/2009	Craig Pirlo - NSW
Men 14-15	Javelin Throw	50.77m		7/07/2007	Sam Hegarty - Gold Coast, QLD
Discontinued events:					
Men 20+	Distance Medley	6:24.28		7/07/2007	Queensland 'A' - QLD
Men 18-19	Distance Medley	6:21.46		5/07/2008	TeamMichDelaware'A' - USA
					J.LaRocca, G.Baade, B.Miller
Men 16-17	Distance Medley	6:33.12		5/07/2008	ChristchurchBoysHighA - NZL
					H.O'Connell, D.Lotz, L.Commons
Men 14-15	Distance Medley	6:51.47		7/07/2007	Wesley College 'B' - VIC

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Women 20+	100 Metre Sprint	11.65	+2.0	2/07/2011	Toea Wisil - PNG
Women 18-19	100 Metre Sprint	11.88	-0.5	19/07/2005	Sally McLellan - Gold Coast, QLD
Women 16-17	100 Metre Sprint	12.17	-0.2	5/07/2008	Lauren O'Sullivan - Uni of Qld, QLD
		<b>12.14</b>	<b>+3.2</b>	<b>4/07/2009</b>	<b>Lauren O'Sullivan - Uni of Qld, QLD</b>
Women 14-15	100 Metre Sprint	12.30	0.0	8/07/2006	Lauren O'Sullivan - QLD
Women 20+	200 Metre Sprint	24.32	+1.5	6/07/2008	Mae Koime - PNG
Women 18-19	200 Metre Sprint	24.22	+0.6	9/07/2005	Sally McLellan - Gold Coast, QLD
Women 16-17	200 Metre Sprint	24.47	+1.0	6/07/2008	Lauren O'Sullivan - Uni of Qld, QLD
Women 14-15	200 Metre Sprint	25.41	+0.2	8/07/2007	Lauren Wilson - QEII, QLD
Women 20+	400 Metre Sprint	54.73		9/07/2005	Anna Smythe - NZL
Women 18-19	400 Metre Sprint	57.52		7/07/2007	Nicole Raggiucci - New Jersey/Delaware
Women 16-17	400 Metre Sprint	56.68		12/07/2003	Becca Noble - USA
Women 14-15	400 Metre Sprint	58.11		7/07/2007	Zoe Riikonen - QEII, LD
Women 20+	800 Metre Run	2:06.27		3/07/2011	Kelly Hetherington - Victoria
Women 18-19	800 Metre Run	2:16.49		9/07/2006	Christine Bruins - North Dakota, USA
Women 16-17	800 Metre Run	2:12.66		4/07/2010	Jenny Blundell - NSW
Women 14-15	800 Metre Run	2:13.67		9/07/2006	Jessica Gilfillan - Gold Coast, QLD
Women 20+	1500 Metre Run	4:38.63		2/07/2011	Kelly Hetherington - Victoria
Women 18-19	1500 Metre Run	4:40.30		4/07/2009	Maegan Smith - Gold Coast Victory, QLD
Women 16-17	1500 Metre Run	4:28.95		4/07/2009	Jessica Gilfillan - Gold Coast, QLD
Women 14-15	1500 Metre Run	4:35.36		7/07/2007	Jessica Gilfillan - Gold Coast, QLD
Women 20+	3000 Metre Run	9:47.63		3/07/2009	Courtney Gilfillan - Gold Coast Victory, QLD
Women 18-19	3000 Metre Run	10:08.32		8/07/2007	Ashlea Gilfillan - Gold Coast, QLD
Women 16-17	3000 Metre Run	10:14.24		13/07/2003	Jessica Boyd - NSW
Women 14-15	3000 Metre Run	10:23.15		13/07/2003	Holly Pobje - NSW
Women 20+	100m Hurdles 84cm	13.23	0.0	7/07/2007	Sally McLellan - Gold Coast, QLD
Women 18-19	100m Hurdles 84cm	14.91	+1.2	20/07/2002	Susannah Hahn - NSW
Women 16-17	100m Hurdles 76.2cm	14.09	-0.5	20/07/2002	Sally McLellan - Gold Coast, QLD
Women 14-15	90m Hurdles 76.2cm	13.94	0.0	12/07/2003	Candice Morley - NSW
		<b>13.67</b>	<b>+3.3</b>	<b>2/07/2011</b>	<b>Elizabeth Ryan - Uin of Qld, QLD</b>
Women 20+	400m Hurdles 76.2cm	65.78		9/07/2006	Gemma Radford - NZL
Women 18-19	400m Hurdles 76.2cm	62.83		5/07/2009	Breanda Crump - Team Labine, USA
Women 16-17	300m Hurdles 76.2cm	44.75		4/07/2010	Tatum Shaw - Gold Coast Victory, QLD
Women 14-15	200m Hurdles 76.2cm	30.40		11/07/2004	Kelly Petersen - Glennie, QLD
Women 20+	2000m Steeple 76.2cm	6:50.61		4/07/2010	Courtney Gilfillan Victory, QLD
Women 18-19	2000m Steeple 76.2cm	7:05.96		12/07/2003	Kathryn Archbold - NSW
Women 16-17	2000m Steeple 76.2cm	6:37.99		5/07/2009	Jessica Gilfillan - Gold Coast Victory, QLD
Women 12-15	2000m Steeple 76.2cm	7:11.38		9/07/2005	Jessica Gilfillan - Gold Coast, QLD
Women 20+	4x100m Relay	49.73		4/07/2008	New Zealand 'A' - NZL T.Hale, L.Wilson, R.Gibson, F. Hely
Women 18-19	4x100m Relay	50.99		2/07/2010	USA K.Heck, S.Wells, T.Whitener, T.Watson
Women 16-17	4x100m Relay	50.03		4/07/2008	Gold Coast Victory, QLD A.Smith, E.Bowers, L.Manson, C.Atkins
Women 14-15	4x100m Relay	50.05		8/07/2006	Queensland 'B' - QLD H.James, Z.Fung, R.Lawson, L.O'Sullivan
Women 20+	4x400m Relay	3:58.76		7/07/2007	Gold Coast Victory 'A' - Gold Coast, QLD
Women 18-19	4x400m Relay	4:01.43		8/07/2007	Gold Coast Victory 'A' - Gold Coast, QLD
Women 16-17	4x400m Relay	3:57.13		4/07/2010	Gold Coast 'A' - Gold Coast, QLD J.Brandt, H-J. Boardman, E.Bowers, A.Smith
Women 14-15	4x400m Relay	4:08.31		5/07/2009	Gold Coast Victory 'A' - Gold Coast, QLD E.Bowers, E.Ferguson, L.Price, T.Tisdall

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Women 20+ 5000m Race Walk	25:16.35		3/07/2011	Roseanne Robinson - NZL
Women 18-19 5000m Race Walk	30:52.11		3/07/2011	Yue Guo - QRWC, QLD
Women 16-17 5000m Race Walk	26:22.61		3/07/2011	Kenza Benzenati – Gold Coast Victory, QLD
Women 14-15 3000m Race Walk	16:05.21		4/07/2010	Kenza Benzenati – Gold Coast Victory, QLD
Women 20+ High Jump	1.78m		3/07/2010	Sarah Wood - Gold Coast, QLD
Women 18-19 High Jump	1.69m		3/07/2010	La Toya Te Kapa - NZL
Women 16-17 High Jump	1.70m		20/07/2002	Sian McDonald - ACT
	1.70m		3/07/2010	La Toya Te Kapa - NZL
Women 14-15 High Jump	1.67m		2/07/2010	TJ Paehua - UniSunCst, QLD
Women 20+ Long Jump	6.21m	+0.5	10/07/2005	Chantal Brunner - NZL
Women 18-19 Long Jump	5.30m	+0.2	3/07/2009	Sarah Wood - Gold Coast, QLD
Women 16-17 Long Jump	5.78m	+0.5	3/07/2011	Naa Anang - Uni of Qld, QLD
Women 14-15 Long Jump	5.49m	+0.4	3/07/2011	Aliyah Johnson - QE2 Track Club, QLD
Women 20+ Triple Jump	13.04m	0.0	7/07/2007	Lisa Morrison - NSW
Women 18-19 Triple Jump	13.36m	0.0	8/07/2006	Linda Allen - QLD
Women 16-17 Triple Jump	11.78m	+0.8	5/07/2008	Tara Whitehead - QLD
Women 14-15 Triple Jump	12.30m	+1.8	2/07/2011	Aliyah Johnson - QE2 Track Club, QLD
Women 18-19 Pole Vault	3.20m		11/07/2004	Christa Coppin - Texas
Women 16-17 Pole Vault	3.50m		4/07/2010	Lucy McGall - NZL
Women 14-15 Pole Vault	3.15m		21/07/2002	Charmaine Lucock - Gold Coast, QLD
Women 20+ Discus Throw 1kg	49.48m		4/07/2010	TeRina Keenan - Sjag, USA
Women 18-19 Discus Throw 1kg	49.43m		2/07/2011	Margaret Satupai - Oceania
Women 16-17 Discus Throw 1kg	45.95m		4/07/2009	Margaret Satupai - NSW
Women 14-15 Discus Throw 1kg	42.68m		11/07/2004	Catherine Spink - QLD
Women 20+ Shot Put 4kg	14.89m		4/07/2009	Margaret Satupai - NSW
Women 18-19 Shot Put 4kg	14.63m		3/07/2011	Margaret Satupai - Oceania
Women 16-17 Shot Put 4kg	12.85m		21/07/2002	Jocelyn Dockendorf - DAK
Women 14-15 Shot Put 4kg	12.36m		3/07/2010	Ché Kenneally - Gold Coast, QLD
Women 20+ Hammer Throw 4kg	54.16m		3/07/2010	Lara Neilsen - Gold Coast, QLD
Women 18-19 Hammer Throw 4kg	54.46m		3/07/2010	Lara Neilsen - Gold Coast, QLD
Women 16-17 Hammer Throw 4kg	45.69m		12/07/2003	Michelle Schlechter - Gold Coast, QLD
Women 14-15 Hammer Throw 4kg	39.44m		2/07/2010	Ché Kenneally - Gold Coast, QLD
Women 20+ Javelin Throw 600g	52.12m		2/07/2011	Kathryn Mitchell - VIC
Women 18-19 Javelin Throw 600g	41.67m		7/07/2007	Sonia Weatherley - Gold Coast, QLD
Women 16-17 Javelin Throw 600g	42.77m		9/07/2005	Sonia Weatherley - Gold Coast, QLD
Women 14-15 Javelin Throw 600g	41.33m		9/07/2005	Hayley Neville - Thompson Estate, QLD
Discontinued events:				
Women 18-19 Distance Medley	7:35.86		5/07/2008	New Zealand 'A' - NZL R.Gibson, S.Reynolds, C.Taylor
Women 16-17 Distance Medley	7:41.90		4/07/2009	Team Velocity, USA S.Knapp, E.Vanek, M.Weed
Women 14-15 Distance Medley	7:44.36		7/07/2007	Gold Coast Victory 'A' - Gold Coast, QLD