

### Athletics - Men's Decathlon - 08 Oct 2010

Rank	Country	Name	Points
1	Canada	ADJETEY-NELSON Jamie	8070
2	New Zealand	NEWDICK Brent	7899
3	England	BROCKMAN Martin	7712
4	England	HAZELL Ben	7676
5	England	SEMPERS Kevin	7571
6	Wales	GREGORY Ben	7383
7	Saint Kitts and Nevis	JONES Adophus Glenroy	7258
8	India	SINGH Bharat Inder	7225
9	Northern Ireland	REYNOLDS Tom	7210
10	India	PULIMOOTTIL JOSEPH Vinod	7130
11	Grenada	FELIX Kurt	7121
12	Mauritius	THIERRY Guillaume Llyod	6875
	Jamaica	BERNARD Claston Anthony	DNS

### Athletics - Men's Decathlon - 100m - 07 Oct 2010

Rank	Country	Name	Result	Points
1	Northern Ireland	REYNOLDS Tom	11.15	827
2	England	BROCKMAN Martin	11.36	782
3	England	HAZELL Ben	11.37	780
4	Wales	GREGORY Ben	11.40	774
5	Scotland	SKEDD Roger	11.48	757
6	Grenada	FELIX Kurt	11.50	753
7	Mauritius	THIERRY Patrick Guillaume	11.59	734
1	Canada	ADJETEY-NELSON Jamie	10.87	890
2	India	SINGH Bharat Inder	11.03	854
3	New Zealand	NEWDICK Brent	11.07	845
4	England	SEMPERS Kevin	11.08	843
5	Jamaica	BERNARD Claston Anthony	11.13	832
6	India	PULIMOOTTIL JOSEPH Vinod	11.15	827
7	Saint Kitts and Nevis	JONES Adophus Glenroy	11.22	812

**Athletics - Men's Decathlon - Long Jump - 07 Oct 2010**

Rank	Country	Name	Results	Points
1	New Zealand	NEWDICK Brent	7.42	915
2	Canada	ADJETEY-NELSON Jamie	7.37	903
3	India	SINGH Bharat Inder	7.29	883
4	England	BROCKMAN Martin	7.29	883
5	Grenada	FELIX Kurt	7.08	833
6	Saint Kitts and Nevis	JONES Adophus Glenroy	7.08	833
7	Wales	GREGORY Ben	7.07	830
8	Northern Ireland	REYNOLDS Tom	7.04	823
9	England	HAZELL Ben	6.98	809
10	Jamaica	BERNARD Claston Anthony	6.91	792
11	India	PULIMOOTTIL JOSEPH Vinod	6.88	785
12	England	SEMPERS Kevin	6.86	781
13	Mauritius	THIERRY Patrick Guillaume Llyod	6.47	691
14	Scotland	SKEDD Roger	5.90	565

**Athletics - Men's Decathlon - Shot Put - 07 Oct 2010**

Rank	Country	Name	Result	Points
1	Canada	ADJETEY-NELSON Jamie	15.00	790
2	Jamaica	BERNARD Claston Anthony	14.90	784
3	India	PULIMOOTTIL JOSEPH Vinod	14.43	755
4	India	SINGH Bharat Inder	14.30	747
5	England	HAZELL Ben	14.30	747
6	New Zealand	NEWDICK Brent	13.98	727
7	England	BROCKMAN Martin	13.50	698
8	Saint Kitts and Nevis	JONES Adophus Glenroy	13.47	696
9	Mauritius	THIERRY Patrick Guillaume Llyod	13.42	693
10	Scotland	SKEDD Roger	13.38	690
11	Northern Ireland	REYNOLDS Tom	12.79	654
12	England	SEMPERS Kevin	12.72	650
13	Grenada	FELIX Kurt	12.08	611
14	Wales	GREGORY Ben	11.65	585

**Athletics - Men's Decathlon - High Jump - 07 Oct 2010**

Rank	Country	Name	Result	Points
1	England	BROCKMAN Martin	2.14	934
2	Jamaica	BERNARD Claston Anthony	2.08	878
3	Grenada	FELIX Kurt	2.08	878
4	England	SEMPERS Kevin	2.05	850
5	Canada	ADJETEY-NELSON Jamie	2.02	822
6	New Zealand	NEWDICK Brent	1.96	767
7	England	HAZELL Ben	1.93	740
8	Saint Kitts and Nevis	JONES Adophus Glenroy	1.90	714
9	Wales	GREGORY Ben	1.90	714
10	India	SINGH Bharat Inder	1.87	687
11	Scotland	SKEDD Roger	1.87	687
12	Mauritius	THIERRY Patrick Guillaume Llyod	1.84	661
13	Northern Ireland	REYNOLDS Tom	1.81	636
14	India	PULIMOOTTIL JOSEPH Vinod	1.78	610

**Athletics - Men's Decathlon - 400m - 07 Oct 2010**

Rank	Country	Name	Result	Points
1	Wales	GREGORY Ben	49.59	834
2	Northern Ireland	REYNOLDS Tom	49.85	822
3	England	BROCKMAN Martin	49.95	817
4	Grenada	FELIX Kurt	50.71	782
5	India	SINGH Bharat Inder	50.87	775
6	Scotland	SKEDD Roger	51.47	748
7	Mauritius	THIERRY Patrick Guillaume Llyod	51.90	729
1	England	SEMPERS Kevin	49.36	844
2	Saint Kitts and Nevis	JONES Adophus Glenroy	49.46	840
3	Canada	ADJETEY-NELSON Jamie	49.61	833
4	New Zealand	NEWDICK Brent	49.86	821
5	India	PULIMOOTTIL JOSEPH Vinod	49.98	816
6	England	HAZELL Ben	50.26	803
7	Jamaica	BERNARD Claston Anthony	54.63	614

**Athletics - Men's Decathlon - 110m Hurdles - 08 Oct 2010**

<b>Rank</b>	<b>Country</b>	<b>Name</b>	<b>Result</b>	<b>Points</b>
1	Wales	GREGORY Ben	14.85	868
2	Saint Kitts and Nevis	JONES Adophus Glenroy	14.89	863
3	England	HAZELL Ben	14.92	859
4	England	BROCKMAN Martin	15.40	802
5	India	SINGH Bharat Inder	15.51	789
6	Mauritius	THIERRY Patrick Guillaume Llyod	15.52	788
7	Grenada	FELIX Kurt	15.55	784
1	Jamaica	BERNARD Claston Anthony	14.73	882
2	Canada	ADJETEY-NELSON Jamie	14.76	879
3	New Zealand	NEWDICK Brent	14.79	875
4	England	SEMPERS Kevin	14.79	875
5	Northern Ireland	REYNOLDS Tom	15	850
6	India	PULIMOOTTIL JOSEPH Vinod	15.59	780
DNF	Scotland	SKEDD Roger		

**Athletics - Men's Decathlon - Discus Throw - 08 Oct 2010**

<b>Rank</b>	<b>Country</b>	<b>Name</b>	<b>Total</b>
1	England	HAZELL Ben	829
2	Canada	ADJETEY-NELSON Jamie	771
3	New Zealand	NEWDICK Brent	736
4	Jamaica	BERNARD Claston Anthony	708
5	India	SINGH Bharat Inder	701
6	Mauritius	THIERRY Patrick Guillaume Llyod	689
7	Scotland	SKEDD Roger	649
8	England	SEMPERS Kevin	646
9	Saint Kitts and Nevis	JONES Adophus Glenroy	629
10	England	BROCKMAN Martin	619
11	Grenada	FELIX Kurt	591
12	Northern Ireland	REYNOLDS Tom	582
13	India	PULIMOOTTIL JOSEPH Vinod	577
14	Wales	GREGORY Ben	503

**Athletics - Men's Decathlon - Pole Vault - 08 Oct 2010**

Rank	Country	Name	Total
1	Wales	GREGORY Ben	972
2	New Zealand	NEWDICK Brent	849
3	Canada	ADJETEY-NELSON Jamie	819
4	England	BROCKMAN Martin	790
4	England	SEMPERS Kevin	790
6	Northern Ireland	REYNOLDS Tom	790
7	India	PULIMOOTTIL JOSEPH Vinod	731
8	England	HAZELL Ben	731
9	Saint Kitts and Nevis	JONES Adophus Glenroy	673
10	Mauritius	THIERRY Patrick Guillaume Llyod	673
11	India	SINGH Bharat Inder	590
12	Grenada	FELIX Kurt	509
NIM	Jamaica	BERNARD Claston Anthony	
DNS	Scotland	SKEDD roger	

**Athletics - Men's Decathlon - Javelin Throw - 08 Oct 2010**

Rank	Country	Name	Result	Points
1	Grenada	FELIX Kurt	63.12	785
2	England	SEMPERS Kevin	61.46	760
3	Canada	ADJETEY-NELSON Jamie	61.32	758
4	New Zealand	NEWDICK Brent	56.94	692
5	India	SINGH Bharat Inder	56.08	679
6	Mauritius	THIERRY Patrick Guillaume Llyod	55.39	669
7	England	HAZELL Ben	53.41	639
8	Wales	GREGORY Ben	53.10	635
9	India	PULIMOOTTIL JOSEPH Vinod	52.80	630
10	England	BROCKMAN Martin	51.96	618
11	Northern Ireland	REYNOLDS Tom	48.67	569
12	Saint Kitts and Nevis	JONES Adophus Glenroy	43.23	489
NM	Jamaica	BERNARD Claston Anthony		

**Athletics - Men's Decathlon -1500m - 08 Oct 2010**

<b>Rank</b>	<b>Country</b>	<b>Name</b>	<b>Result</b>	<b>Points</b>
1	England	BROCKMAN Martin	4:26.28	769
2	England	HAZELL Ben	4:30.91	739
3	Saint Kitts and Nevis	JONES Adophus Glenroy	4:35.55	709
4	New Zealand	NEWDICK Brent	4:41.33	672
5	Wales	GREGORY Ben	4:41.94	668
6	Northern Ireland	REYNOLDS Tom	4:43.77	657
7	India	PULIMOOTTIL JOSEPH Vinod	4:49.95	619
8	Canada	ADJETEY-NELSON Jamie	4:52.23	605
9	Grenada	FELIX Kurt	4:54.02	595
10	Mauritius	THIERRY Patrick Guillaume Llyod	5:02.11	548
11	England	SEMPERS Kevin	5:04.93	532
12	India	SINGH Bharat Inder	5:07.04	520
DNS	Jamaica	BERNARD Claston Anthony		

**Athletics - Women's Heptathlon - 09 Oct 2010**

Rank	Country	Name	Points
1	England	HAZEL Louise Victoria	6156
2	Canada	ZELINKA Jessica	6100
3	England	CLEMENTS Grace	5819
4	Jamaica	ROACH Peaches	5758
5	India	GUDDANDA Pramila	5330
6	India	SINGHA ROY Susmita	5120
7	India	KAUR Navpreet	5022
	Ghana	SIMPSON Margret	DNS

**Athletics - Women's Heptathlon 100m Hurdles - 08 Oct 2010**

Rank	Country	Name	Total
1	New Zealand	WARDELL Rebecca	953
2	England	CLEMENTS Grace	953
3	India	KAUR Navpreet	888
4	India	SINGHA ROY Susmita	847
5	Lesotho	TSOANELI Selloane	806
6	Belize	SEALY Katy Louise	666
1	Canada	ZELINKA Jessica	1096
2	England	HAZEL Louise Victoria	1087
3	Jamaica	ROACH Peaches	1015
4	Ghana	SIMPSON Margret	1008
5	England	AGBO Phyllis Chukwunonso	950
6	India	GUDDANDA Pramila	918

**Athletics - Women's Heptathlon - High Jump - 08 Oct 2010**

Rank	Country	Name	Total
1	Jamaica	ROACH Peaches	1067
2	Ghana	SIMPSON Margret	991
3	England	CLEMENTS Grace	953
4	Lesotho	TSOANELI Selloane	953
5	India	SINGHA ROY Susmita	842
5	Canada	ZELINKA Jessica	842
7	England	HAZEL Louise Victoria	842
8	New Zealand	WARDELL Rebecca	842
9	Belize	SEALY Katy Louise	806
10	India	GUDDANDA Pramila	806
11	India	KAUR Navpreet	771
12	England	AGBO Phyllis Chukwunonso	771

**Athletics - Women's Heptathlon - Shot Put - 08 Oct 2010**

Rank	Country	Name	Result	Points
1	New Zealand	WARDELL Rebecca	14.64	837
2	Canada	ZELINKA Jessica	13.30	747
3	England	AGBO Phyllis Chukwunonso	13.16	738
4	England	CLEMENTS Grace	12.78	713
5	England	HAZEL Louise Victoria	12.54	697
6	Ghana	SIMPSON Margret	12.19	674
7	India	GUDDANDA Pramila	11.55	631
8	Jamaica	ROACH Peaches	10.92	590
9	India	KAUR Navpreet	10.67	573
10	India	SINGHA ROY Susmita	10.66	573
11	Lesotho	TSOAELI Selloane	10.49	562
12	Belize	SEALY Katy Louise	10.11	537

**Athletics - Women's Heptathlon - 200m - 08 Oct 2010**

Rank	Country	Name	Result	Points
1	India	KAUR Navpreet	25.08	879
2	Ghana	SIMPSON Margret	25.12	876
3	England	AGBO Phyllis Chukwunonso	25.46	845
4	England	CLEMENTS Grace	25.88	808
5	Lesotho	TSOAELI Selloane	26.77	731
DNS	Belize	SEALY Katy Louise		
1	Canada	ZELINKA Jessica	24.08	973
2	England	HAZEL Louise Victoria	24.10	971
3	Jamaica	ROACH Peaches	24.52	931
4	India	GUDDANDA Pramila	25.92	804
5	India	SINGHA ROY Susmita	26.01	796
DNF	New Zealand	WARDELL Rebecca		

**Athletics - Women's Heptathlon - Long Jump - 09 Oct 2010**

Rank	Country	Name	Result	Points
1	England	HAZEL Louise Victoria	6.44	988
2	Canada	ZELINKA Jessica	6.01	853
3	England	CLEMENTS Grace	6.00	850
4	India	GUDDANDA Pramila	5.96	837
5	Ghana	SIMPSON Margret	5.86	807
6	Jamaica	ROACH Peaches	5.78	783
7	India	SINGHA ROY Susmita	5.67	750
8	India	KAUR Navpreet	5.28	637
DNS	England	AGBO Phyllis Chukwunonso		
DNS	Belize	SEALY Katy Louise		
DNS	Lesotho	TSOANELI Selloane		
DNS	New Zealand	WARDELL Rebecca		

**Athletics - Women's Heptathlon - Javelin Throw - 09 Oct 2010**

	Country	Name	Result	Points
1	England	HAZEL Louise Victoria	44.42	752
2	England	CLEMENTS Grace	43.67	738
3	Canada	ZELINKA Jessica	41.68	700
4	India	GUDDANDA Pramila	39.66	661
5	India	SINGHA ROY Susmita	38.71	643
6	India	KAUR Navpreet	33.48	543
7	Jamaica	ROACH Peaches	32.75	529
DNS	Ghana	SIMPSON Margret		

**Athletics - Women's Heptathlon - 800m - 09 Oct 2010**

Rank	Country	Name	Result	Points
1	Canada	ZELINKA Jessica	2:15.26	889
2	England	CLEMENTS Grace	2:16.06	878
3	Jamaica	ROACH Peaches	2:18.54	843
4	England	HAZEL Louise Victoria	2:20.33	819
5	India	KAUR Navpreet	2:26.97	731
6	India	GUDDANDA Pramila	2:31.60	673
7	India	SINGHA ROY Susmita	2:31.94	669
DNS	Ghana	SIMPSON Margret		