

**State Multi Championships Senior - 28/11/2009 to 29/11/2009**  
**28TH & 29TH November 2009**  
**Santos Stadium Mile End**  
**Results - Decathlon**

**Men Decathlon Open**

	<b>Points</b>	<b>100</b>	<b>LJ</b>	<b>SP</b>	<b>HJ</b>	<b>400</b>	<b>Day1</b>	<b>110H</b>	<b>DT</b>	<b>PV</b>	<b>JT</b>	<b>1500</b>
1 Sims, Jarrod Sal		11.07 w: 4.2	6.43m w: 1.9	13.02m	1.89m	51.73		15.48 w: -0.7	38.58m	4.60m	53.55m	4:52.93
<b>7070</b>		(845)	(682)	(668)	(705)	(737)	3637	(765)	(636)	(790)	(641)	(601)
2 Staunton, Matthew EH		12.78 w: 4.2	5.55m w: 2.2	11.16m	1.65m	1:01.05		20.63 w: -0.7	37.00m	3.30m	44.96m	5:31.10
<b>4663</b>		(506)	(492)	(556)	(504)	(378)	2436	(284)	(604)	(431)	(514)	(394)
3 Southern Athletic, Open Southern Open		11.34 w: 4.2	5.30m w: 2.8	8.44m	1.26m	56.52		20.00 w: -0.7	34.60m	3.30m	34.07m	5:20.09
<b>4507</b>		(786)	(441)	(392)	(225)	(539)	2383	(330)	(556)	(431)	(357)	(450)
4 Salisbury, Open Salisbury Open		13.50 w: 4.2	3.98m w: 2.1	8.99m	1.59m	54.23		22.60 w: -0.7	36.73m	2.00m	35.55m	4:48.59
<b>4005</b>		(387)	(203)	(425)	(457)	(630)	2102	(160)	(598)	(140)	(378)	(627)
DNF Rasti, Kyle Athl		11.34 w: 4.2	7.11m w: 2.0	12.03m	1.92m	59.14		DNS	DNS	DNS	DNS	DNS
		(786)	(840)	(608)	(731)	(443)	3408	(0)	(0)	(0)	(0)	(0)

**Men Decathlon Under 20**

1 Salisbury, 16 Salisbury under 16		12.06 w: 2.2	5.34m w: 4.8	12.29m	1.68m	1:05.63		15.48 w: -1.3	43.84m	2.20m	38.09m	4:46.53
<b>5251</b>		(639)	(449)	(624)	(528)	(242)	2482	(792)	(743)	(179)	(415)	(640)
2 Hall, Benjamin Sal		13.40 w: 2.2	5.46m w: 2.1	10.12m	1.62m	1:07.63		20.03 w: -1.3	32.87m	2.90m	46.22m	5:52.03
<b>4071</b>		(402)	(473)	(493)	(480)	(191)	2039	(347)	(521)	(333)	(533)	(298)
3 Salisbury, 14 Salisbury under 14		14.27 w: 2.2	4.28m w: 2.7	11.29m	1.32m	1:09.13		17.67 w: -1.3	36.18m	2.10m	27.19m	5:33.45
<b>3453</b>		(275)	(252)	(563)	(263)	(156)	1509	(556)	(587)	(159)	(260)	(382)
DNF Pembroke, 18		12.83 w: 2.2	5.93m w: 2.7	11.71m	1.59m	58.38		18.77 w: -1.3	39.81m	DNF	24.54m	DNS
		(497)	(571)	(589)	(457)	(470)	2584	(453)	(661)	(0)	(223)	(0)
DNF Western Districts, 16b		12.22 w: 2.2	4.99m w: 1.7	15.17m	1.53m	59.74		DNF	36.37m	DNF	43.51m	DNS
		(608)	(380)	(800)	(411)	(422)	2621	(0)	(591)	(0)	(493)	(0)
DNF Western Districts, 16		12.09 w: 2.2	5.67m w: 3.7	9.34m	1.89m	56.79		15.36 w: -1.3	13.37m	2.30m	DNS	DNS
		(633)	(516)	(446)	(705)	(529)	2829	(807)	(151)	(199)	(0)	(0)
DNF Western Districts, 20		11.22 w: 2.2	5.77m w: 1.0	7.23m	1.59m	52.43		18.81 w: -1.3	18.24m	DNF	DNS	DNS
		(812)	(537)	(321)	(457)	(706)	2833	(449)	(239)	(0)	(0)	(0)

**Women Heptathlon Open**

<b>Points</b>	<b>100H</b>	<b>HJ</b>	<b>SP</b>	<b>200</b>	<b>Day1</b>	<b>LJ</b>	<b>JT</b>	<b>800</b>
1 Montgomery, Kylie EH <b>4149</b>	15.93 w: 3.5 (723)	1.63m (771)	9.49m (496)	28.69 w: +0.0 (577)	2567	4.84m w: +0.0 (516)	32.10m (516)	2:42.05 (550)
DNF Western Districts, WD Open	DNS (0)	DNS (0)	DNS (0)	DNS (0)		3.58m w: 0.6 (0)	DNS (0)	DNS (0)

**Women Heptathlon Under 20**

1 Salisbury, 20 Salisbury under 20 <b>4072</b>	18.61 w: 3.5 (427)	1.51m (632)	10.33m (551)	27.30 w: +0.0 (687)	2297	4.84m w: 0.3 (516)	38.26m (634)	2:35.53 (625)
2 Salisbury, 18 Salisbury under 18 <b>2744</b>	17.32 w: 3.5 (561)	1.48m (599)	9.71m (510)	30.72 w: +0.0 (433) 2103 (242)	(205) (194)	3.70m w: -0.4	15.44m	3:21.05
DNF Salisbury, 16 Salisbury under 16	17.73 (517)	1.48m (599)	8.42m (427)	28.23 (613)	DNS (0)	DNS (0)	DNS (0)	
DNF Western Districts, WD under 16	14.87 (859)	1.54m (666)	DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)	
DNF Western Districts, WD under 18	DNS (0)	1.48m (599)	DNS (0)	DNS (0)	DNS (577)	DNS	2:39.60	
DNF Western Districts, WD under 20	DNS (0)	1.45m (566)	DNS (0)	DNS (0)	DNS (0)	DNS	DNS	